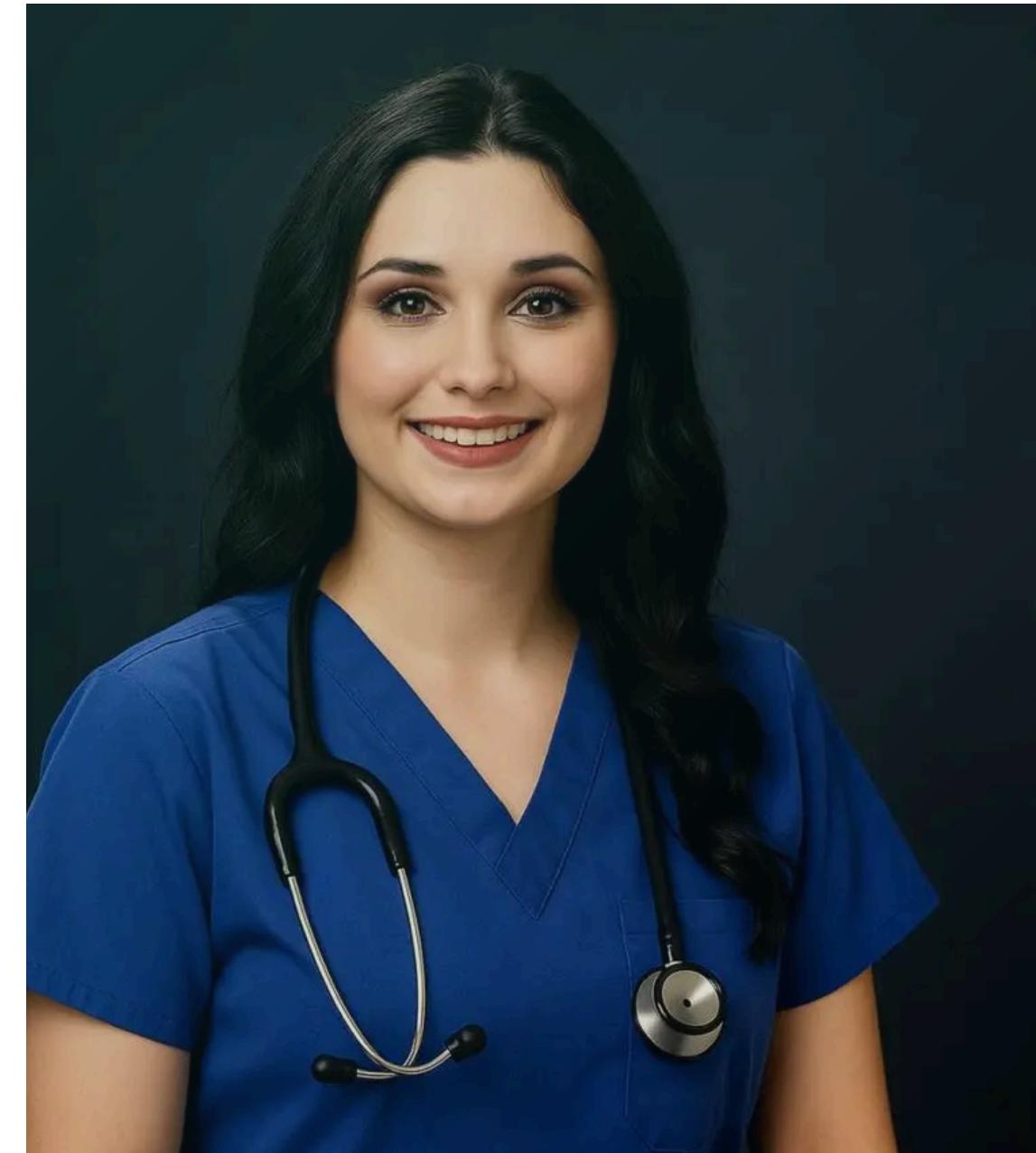

The GPNavor Playbook

The Complete Guide to Irish GP SJT & CPST

The modern, practical way to prepare for the Irish GP Entry Exam

By GPNavor

"The Situational Judgement Test (SJT) and Clinical Problem Solving Test (CPST) are essential components of selection into GP training in Ireland."



Welcome to GPNavor

The Irish GP Mindset

The modern, practical way to prepare for the Irish GP Entry Exam

At GPNavor, we don't just give you questions. We give you the Irish GP mindset.

Our goal is simple:

To help you prepare smarter, not harder — and pass with confidence.



Irish Medical Culture

Master local professional expectations



Exam Technique

Perfect ranking and multiple choice methods



Professional Judgment

Develop safe, ethical decision-making

Exam Breakdown: Equal Weighting

Understanding the 50-50 balance between SJT and CPST components



SJT

Situational Judgement Test

- Professional behaviour assessment
- Ranking & multiple choice formats
- Ethics and decision-making
- Working as part of a team



CPST

Clinical Problem Solving Test

- Clinical reasoning assessment
- GP-level knowledge testing
- Diagnosis and management
- Primary care scenarios

Both components carry equal weight in the selection process

Excellence in both areas is essential for GP training entry

The 5 Core SJT Professional Attributes

Master the five pillars of professional judgment



Commitment to Professionalism

Demonstrating dedication to professional standards and ethical practice



Effective Communication

Showing ability to communicate clearly with patients and colleagues



Coping with Pressure

Demonstrating calm decision-making abilities under stress



Patient Focus

Prioritizing patient needs while maintaining professional boundaries



Working Effectively as Part of a Team

Demonstrating ability to collaborate with colleagues and healthcare professionals

“ Is this doctor safe, ethical, calm, and professional? ”

CPST Topic Heat Map

Navigate 14 core CPST topics with hover-to-reveal high-yield tips



GPNavor Edge: Irish-Specific Content

Our heat map includes Irish-specific scenarios:



Mental Health Act (Ireland)



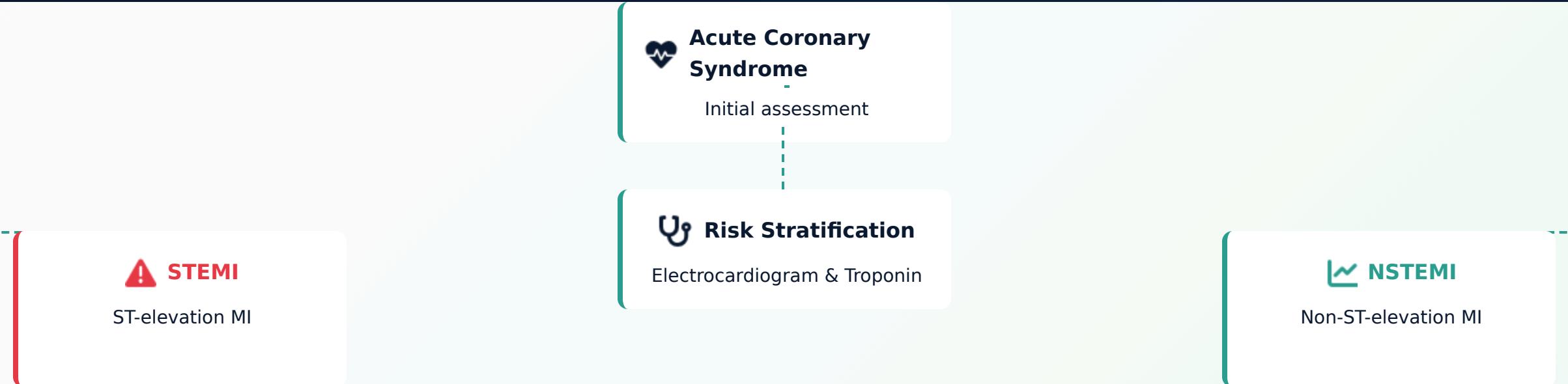
GMS protocols



Community prescribing rules

Clinical Decision Tree

ACS Management (STEMI vs. NSTEMI)



Clinical Decision Making

Time is critical

Risk assessment

Invasive strategy

IMC Ethics Hierarchy

Hover over each pillar to reveal clinical dilemmas



Patient Safety

First principle in all decisions



Professional Boundaries

Maintaining appropriate relationships



Honesty & Disclosure

Open communication with patients



Justice & Fairness

Equitable resource allocation



Colleagues

Collaborative professional relationships

GPNavor Smart-Study Blueprint

1 Understand the Exam First

Understand format and weighting. SJT carries significant importance in Ireland.

2 Learn-Practise-Review Cycle

Learn Practise Review

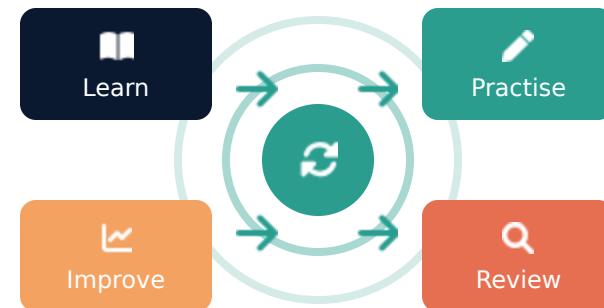
3 Data-Driven Focus

Target weak areas using heat map thinking. Avoid wasting time on strong areas.

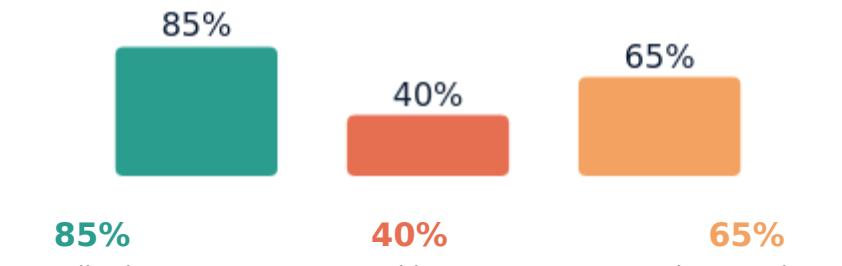
4 The Final Phase

Switch to Grand Mocks. Simulate real environment with timed sessions.

The Learn-Practise-Review Cycle



Heat Map Thinking



💡 Focus on weak areas. If Ethics = 40%, prioritize SJT questions.

The Top 5 Exam Traps

How to Avoid Them



Trap 1: Overthinking SJT

- ✖ Searching for hidden meanings

→ Choose the safest option

- ✓ Focus on professional judgment



Trap 2: Hospital Thinking

- ✖ Ordering MRIs and referrals

→ Think community GP

- ✓ Practical, safe approach



Trap 3: Ignoring the Human Element

- ✖ Solving without patient interaction

→ Always communicate

- ✓ Explain and reassure



Trap 4: Memorising Answers

- ✖ Remembering patterns

→ Understand logic

- ✓ Logic over memorization



Trap 5: New Question Bias

- ✖ 1,000 new questions

→ Review your mistakes

- ✓ Revisit wrong answers

Integrated Notebook Showcase

Your Digital Study Hub

my-notes.gpnavor.com

Irish GP Exam Reference

Page 1 of 1

 SJT Scenarios
Ranking questions & MCQs with Irish cultural context

 CPST Topics
Cardiovascular, Respiratory, GIT & more

 Ethics
IMC Hierarchy & Irish Medical Council scenarios

 My Progress
Track heat map & weak areas in real-time

**Real-time annotations sync across all devices*

Build your personalized high-yield reference library with real-time annotations.



Personalized Learning

Create custom references tailored to your exam needs



Real-time Sync

Access your notes anywhere, anytime across devices



Smart Study

Data-driven focus on your weak areas

Why GPNavor?

The Competitive Edge

Stop guessing. Start preparing with the platform built for the Irish ICGP Exam.



Integrated Notebook

Build your own high-yield resource library



Exam-Mirror UI

ICGP exam style practice for authentic preparation



HSE TSS Compliant

Claim subscription back through HSE Training Support Scheme



Free Trial

10-question trial to experience our platform risk-free



Your Edge

Built for success

Ready to secure your GP training spot?

Start Your Free Trial

Start Your Free Trial

Begin your journey to GP training success

 **Start Free Trial**

No credit card required

10-question zero-risk trial

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